



[www.donatelifenw.org/content/donate-life-educators](http://www.donatelifenw.org/content/donate-life-educators)

# Donate Life Educators

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2023-2024 Program Guide for New and Returning Volunteers



## What kind of speaker are you?

Donate Life Northwest could not achieve its mission without the support of volunteers who are willing to share their stories – whether in print, with the media, or as a community-based speaker. Nothing tells the story of donation better than the testimonials of those who have given the gift of life, and those who have benefited from that gift.

**We want to ensure that our program is a good fit for your needs and skills!  
Community Speakers assist our mission by touching HEARTS...**



Knowledgeable about Donate Life's mission	<ul style="list-style-type: none"> <li>• Can answer essential questions about organ, eye and tissue donation</li> <li>• Can direct people to register online, via paper form, iPhone, or DMV</li> </ul>
Experience with public speaking	<ul style="list-style-type: none"> <li>• Aware of personal strengths &amp; weaknesses as a presenter</li> <li>• Believe in sharing information openly, honestly, and generously</li> </ul>
Comfortable with telling their story	<ul style="list-style-type: none"> <li>• Okay with sharing personal/intimate stories about themselves or a loved one</li> <li>• Okay with being asked sensitive &amp; occasionally insensitive questions</li> </ul>
Collaborative	<ul style="list-style-type: none"> <li>• Willing to share their story with schools, medical centers, community or professional groups during presentations arranged by Donate Life NW</li> <li>• Willing to join DLNW list of print/online/TV media contacts</li> <li>• Willing to share their story on the DLNW website &amp; educational publications</li> </ul>
Takes initiative	<ul style="list-style-type: none"> <li>• Willing to reach out to local school, community, civic, and professional organizations on behalf of Donate Life Northwest (but keep us in the loop!)</li> </ul>

We welcome Community Speakers to attend the 301 training to receive training in our school presentation tools, and see whether you'd like to join our program!



### **Donate Life Educators assist our mission by opening MINDS...**

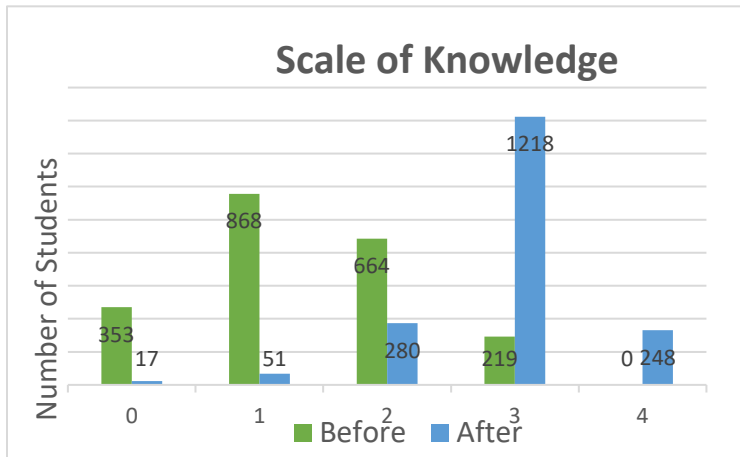
Donate Life Educators are an elite group of volunteers who have been extensively trained, have passed background checks, and have observed master staff or volunteer speakers at work in the schools prior to receiving assignment opportunities.

These individuals represent **donation education** in schools statewide, and so represent Donate Life Northwest, Cascade Life Alliance, VisionGift, and Community Tissue Services.

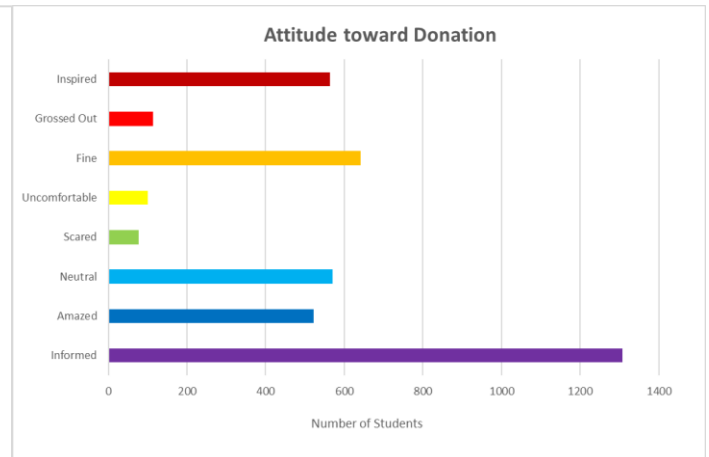
For this reason, it is critical that Educators know and understand the teaching and presentation tools provided by Donate Life Northwest. These have been carefully written to provide all students with a comprehensive education about organ, eye, and tissue donation, and the Registry.

We depend on Educators to weave their personal story of donation and or transplantation into the narrative of our presentation format, to engage and inspire students, and to collaborate with our staff to ensure that our program is as awesome as possible! Your job is to both educate *and* inspire.

Donate Life classroom presentations make a difference! Take a look at our data from the 2022-2023 school year:



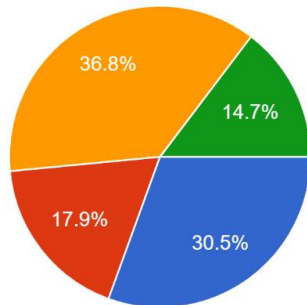
Before: Average knowledge score of 1.31  
 After: Average knowledge score of 3.27



Students were asked “After today’s presentation, how do you feel about organ, eye, and tissue donation?”

Which applies to you?

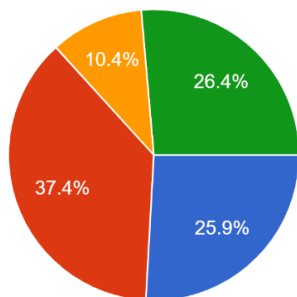
2,112 responses



- I am already a registered donor.
- I am planning to register as a donor.
- I am undecided.
- I do not plan to register.

Which applies to you?

2,103 responses



- I have already talked to my family about organ, eye, and tissue donation.
- I plan to talk to my family about organ, eye, and tissue donation.
- I have reservations about talking to my family about donation.
- I do not plan to talk to my family about donation.

This is the document we provide to teachers as an overview.

*Thank you for inviting us into your classroom!*

## Classroom Presentation Outline, 2023-2024



**Download the FREE *Recycle Yourself: A Guide to Organ, Eye and Tissue Donation* curriculum for homework, handouts, readings, activities, and project ideas to extend or complement this presentation!**

[www.GoRecycleYourself.com](http://www.GoRecycleYourself.com)

Whether in person or virtual, your guest speaker will cover the same material. If in class, please ensure that the following is ready so your speaker will have a smooth presentation:

- Computer, connected to projector or smartboard
- Speakers are on
- Internet connection is working; test <http://www.youtube.com/user/gorecycleyourself>

- I. Introduction
- II. PowerPoint Presentation
  - a. The general presentation contains essential facts about the U.S. waiting list; statistics; deceased organ, eye, and tissue donation; and what being a donor means.
  - b. The advanced presentation contains the above, plus information about: the logistics of organ donation, diseases that may lead to the need for transplantation, extensions on cornea and tissue donation and transplantation. The advanced presentation contains some graphic medical images.
  - c. Both presentations include educational videos as well as videos showing personal stories.
- III. Personal or Professional Testimonial from the Speaker: their connection to donation.
- IV. Question and Answers
  - a. Please remember that most of our speakers are volunteers, not medical professionals. We recommend consulting the *Recycle Yourself* curriculum or contacting [education@donatelifenw.org](mailto:education@donatelifenw.org)
- V. Distribution of a **Go Recycle Yourself** brochure and student evaluation (will be sent virtually to teachers for virtual presentations). These materials are also available in Spanish by request.
- VI. Collection of student evaluations

*The order may change among our different presenters but the general content will not. Time and technology will impact the number of videos shown. You will receive an online feedback questionnaire shortly after the presentation.*

## Pop Quiz!

- I have attended a Donate Life 101 within the last 5 years.
  - What is the Donate Life mission?
  - What is Donate Life Northwest? What is the Oregon/Washington Donor Registry?
  - What is Cascade Life Alliance, VisionGift, or Community Tissue Services?
- I have attended or will do my best to attend 201 trainings (See DLE Skills Check List for video links!).
  - I can clearly explain the process of deceased organ donation.
  - I can clearly explain the importance of eye and tissue donation.
  - I can clearly explain the growing importance of living kidney donation awareness.
  - I have worked to craft a compelling and concise delivery of my personal connection to donation.

## Homework!

Please download and review the free *Recycle Yourself* curriculum, which is digitally distributed to teachers statewide on [www.GoRecycleYourself.com](http://www.GoRecycleYourself.com). There are both basic and extended readings that will review everything you need to know about organ, eye, tissue donation, and living donation!

## Tools

You do **not** have to memorize facts or plan out your own presentation. Donate Life Northwest has done the work for you! These multimedia tools ensure that every presentation around the region will receive the same, core information:

- Videos (available on our website, and included within PowerPoint)
- General Presentation (PowerPoint and Google Slides), comes with speaker notes
  - Oregon and Washington versions are available
- Science Class Presentation (PowerPoint and Google Slides), comes with speaker notes
  - Oregon and Washington version are available
- A PDF version is also available for each presentation. Please note that the PDF versions DO NOT contain speaker notes.

These tools are available year-round online. You can always find the current versions and download them at: <https://www.donatelifenw.org/content/donate-life-educators>

Please note that each school will have varying levels of technology and visitor access to Wi-Fi. Please be prepared to do the presentation without the videos.

## Background Checks

**Starting in September 2014**, we must receive evidence that a volunteer has passed a criminal background check prior to sending you into public or private schools. We require you to complete or submit proof of a background check every two years.

Donate Life Northwest covers the cost of these checks, but we always welcome your contributions to help cover this administrative cost!

Fill out our background check application online at:

[https://www.criminalinfo.com/eApplication/DLNW\\_Form.cgi](https://www.criminalinfo.com/eApplication/DLNW_Form.cgi), or email your completed background check to [education@donatelifenw.org](mailto:education@donatelifenw.org)

## Required Forms

In addition to a current background check, all Donate Life Educators must have these completed forms on file:

[Donate Life Northwest Volunteer Waiver](#)

[Donate Life Northwest Confidentiality Agreement](#)

## Volunteer Extended Travel Stipend & Meal Reimbursement

New in 2023, if a Donate Life Educator needs to travel more than 2 hours for a presentation, they may submit a request to help offset travel and meal expenses. Travel stipends are calculated in ½ increments at \$10/hour after the first hour of travel. A lunch reimbursement (up to \$15) is available if the volunteer finds it necessary to purchase a meal during a long travel session. A lunch receipt must be attached to the completed form to receive reimbursement. The form and receipt must be submitted within 60 days of the event. More information about this policy and the form can be found by clicking on the link below.

[Volunteer Extended Travel Stipend & Meal Reimbursement Request Form](#)

## Expectations of Donate Life Educators



### Check your email for upcoming opportunities, and RSVP as soon as possible.

You will periodically receive emails from Donate Life Northwest staff alerting you to upcoming classroom presentations.

We'll send you an email with a **private link** so you can access all the information about this presentation. You cannot see school presentations on our general volunteer calendar, due to school security.

An online RSVP is best, but you can also call us. Speakers are assigned first come, first served.

### Stop by our office or check your mailbox for supplies.

Generally, this will include:

- Go Recycle Yourself Brochures** – one per student.
- Evaluation forms** – one per student. Distribute, collect, review, and mail back to DLNW within *one week* of the presentation
- Paper Registration Forms** – As of 2018, we are no longer sending paper registration forms unless a speaker specifically asks for them; instead, promote the online registration process. Please let Donate Life staff know when you register for a presentation if you'd like paper forms. If paper forms are requested, you will get a small stack.
- Go Recycle Yourself stickers** – one per student. These are a goodie to distribute, as you see fit!
  - *Tip: Give students a sticker for asking a question. Or, give students a sticker in return for their completed evaluation form.*
- Student Project flyers.** – a small stack. Invite students to grab one as they leave and leave a few with the teacher at the end of the class.
- SASE** so you can mail us back evaluations, any paper donor designation forms, and any extra materials.



them



- **Green Wrapper** – one per class. Please fill out this wrapper with your presentation information, and wrap it around the evaluations and any paper registration forms so we can be sure we receive all evaluation information for all presentations completed.

## Be a professional and timely representative of Donate Life Northwest.

- Plan to give yourself a **full 30-minute cushion** prior to presentation time!
- Dress neatly and appropriately.
- Park in the visitor parking lot.
- Check in at the main office as a visitor.
- **Thank the teacher** for inviting Donate Life into their classroom!
- Remind the teacher that you need to use the computer & projector; they or a student will be happy to help. Either set up your USB drive or navigate to [DonateLifeNW.org](http://DonateLifeNW.org):
  - PowerPoint is available to download
  - Google Slides and PDF versions are also available if needed
  - Videos are also available on the Donate Life YouTube channel. You may wish to test and/or pre-load videos ahead of time.
- Watch your language!
- Ensure that students know how to register online *if they wish*.
- Do **not** frame registration as a moral responsibility to students, or make them feel bad about not registering. You are there to educate and inform.



### Use approved presentation tools.

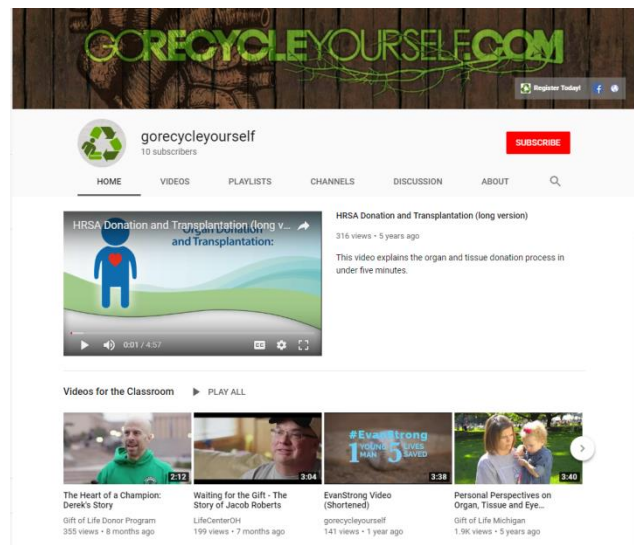
Your go-to place is on our website for all the tools you'll need:

<http://www.donatelifenw.org/content/donate-life-educators>

Any **video** on our “Videos for the Classroom” YouTube playlist ([www.youtube.com/user/gorecycleyourself](http://www.youtube.com/user/gorecycleyourself)) is approved for classroom use.

The most current **PowerPoint** is available on the Donate Life Northwest website. We update these twice a year.

You are welcome to customize our PowerPoint with images of your own. But please *do not* develop your own PowerPoint for use as a Donate Life Educator.



### Promote student volunteering.

Donate Life Northwest provides free materials and mentoring for students who want to organize a campus and/or community **donor registration drive** or nearly any other kind of donation awareness-based project. Distribute flyers with DLNW contact info so they can get started.





### **Encourage the teacher and students to visit [GoRecycleYourself.com](http://GoRecycleYourself.com).**

They can download a FREE curriculum with more resources and information about donation, including fantastic homework assignments.



### **Distribute, review, and collect evaluation forms.**

You'll receive a stack of forms for the students and a SASE destined for DLNW. Before mailing them back, *please read the student comments and return surveys ASAP*. If you see an urgent question or have concerns about any student comments on the feedback form, please contact the Education Coordinator immediately.



### **Let us know how it went.**

We will make every effort to contact you within the week following your presentations to see what support you need, and hear how the day went.

## **Other Ways to Help: Program Promotion**

### **Event Volunteering: Educator Conferences**

Teacher conferences take place all over the state, mostly in October and March. Help us promote our School Outreach programs to science, health, health careers, and driver's education teachers! Look for emails about these opportunities.

### **Event Volunteering: School-Based Health Fairs**

Volunteers with background checks can represent DLNW at community health fairs, often held on school campuses and organized by teen volunteers. Look for emails about these opportunities.

### **Calling Local Schools**

A. **Before contacting any schools on behalf of Donate Life Northwest**, contact staff ([education@donatelifenw.org](mailto:education@donatelifenw.org) or 503-494-7888) and let us know which school district or specific high schools you wish to contact. We may already have a relationship with that school/school district!

B. **Use our script, and make the call.** The best times to reach teachers are around 2:00 – 4:00 pm. Please promote our program, but **do not** schedule a presentation – see the script below!

#### **Leaving a message:**

"Good afternoon, (name). I'm calling on behalf of the educational non-profit organization Donate Life Northwest. Did you know that Donate Life Northwest offers **free** classroom presentations in high schools throughout Oregon and southwest Washington? A volunteer or staffer will visit your classroom to talk about what the "D" on your driver's license means, share facts about organ, eye, and tissue donation, and tell the story of their personal or professional connection to donation.

You can request a FREE presentation on donation anytime. Here's how:

1. Email [education@donatelifenw.org](mailto:education@donatelifenw.org) OR
2. Call 503-494-7888 OR
3. [www.donatelifenw.org/speaker-request](http://www.donatelifenw.org/speaker-request)

Thanks so much for your time. If you have any questions, please call 503-494-7888 to talk to the Education staff at Donate Life Northwest.”

**Live person:**

“Hello, is this \_\_\_\_\_? My name is \_\_\_\_\_ and I’m a volunteer with Donate Life NW. How are you today? **Is this a good time to talk?**”

I’m calling to let you know that the educational non-profit organization Donate Life Northwest offers **free** classroom presentations in high schools throughout Oregon and southwest Washington. A volunteer or staffer will visit your classroom to talk about what the “D” on your driver’s license means, share facts about organ, eye and tissue donation, and tell the story of their personal or professional connection to donation.

Would you be interested in hosting a Donate Life presentation at your school?

YES: That’s wonderful! There are 3 ways to submit your request:

1. Email [education@donatelifenw.org](mailto:education@donatelifenw.org) OR
2. Call 503-418-4035 OR
3. [www.donatelifenw.org/speaker-request](http://www.donatelifenw.org/speaker-request)

NO: That’s okay. May I ask why? *(Please track reasons given per teacher and share with Donate Life staff).*

Thanks for taking a moment to chat with me. We’ll be in touch as soon as we receive your request.”

C. **Follow up with Donate Life staff.** Call to let us know how it went! If teachers are interested in a presentation, we can follow up to schedule them. We can then follow back up with you if you would like to be the one to do the presentation.

## **Material Drop-Offs**

Donate Life staff can prepare folders of materials designed specifically for teachers – information about our programs and how to get involved. Having a volunteer drop off packets, rather than simply mailing them, is a nice touch that helps teachers understand that we are a local organization with passionate volunteers.

- A. Contact Education staff. Let us know which school district or high schools you have the time and ability to visit.
  - a. Donate Life Staff will identify the school professionals by name, and the number of packets to be dropped off. Please give us 1-3 weeks to develop this list and assemble materials.
- B. Volunteer receives the packets (we can mail them, or you can arrange to pick them up from our SW Portland office).
- C. Volunteer visits the Main Office of the school. Ask the Administrative Assistant to place the packets in the mailboxes of the designated teachers/administrators. Thank them!

### **Important notes about visiting schools in person:**

- Due to school security concerns, you must go directly to the Main Office.
- You may not be allowed to visit the classrooms or teachers.
- If you do get to speak to someone, see the scripts above!
- Dress professionally.

## **Connections with Teachers**

Do you already have a relationship with a teacher at a local school? Do you have a child, grandchild, or other relative in a high school? We find that many of our teachers request presentations because someone they

know tells them about it. Use your existing connections to promote our presentation, and be sure to include how it is personally relevant to you. Use tips from the “Calling Local Schools” and “Material Drop-Offs” sections above to guide the conversation. Contact Donate Life Northwest staff in advance for materials and other assistance. Contact us afterward to let us know how it goes!

## Engaging Youth Audiences

The most effective volunteers know that **there is a big difference** between speaking to teens and adults about donation. The content is pretty much the same, but what makes that difference really comes down to the delivery. With adult or community audiences, we can enjoy the “luxury” of giving a lecture – basically, sharing our information and story uninterrupted. But teens are not particularly great at sitting still and listening for an hour! Today’s teachers plan for lessons that will actively engage students, using **energy, interactivity, and variety**. As a guest visiting the classroom, students are already excited to hear what you have to say – don’t let them down by being, well, *boring*.

### Adapt to the needs of the students.

Are they 14 or 18 years old? Is this advanced science, or a general health education class? Is it 8 am, or 1:30 pm? These small details will matter, especially in terms of how much detail you need to deliver, your energy level, and how interactive you can reasonably expect the students to be.

Notes on talking to Health classes/freshmen & sophomores (ages 14-16)

Notes on talking to Science classes/juniors & seniors (ages 16-18)

Notes on talking to classes in the morning vs. afternoon (seriously!)

<b>Quick Start Guide to Youth Engagement</b>
Have a sense of humor!
Pause. Ask questions. Ask students to share THEIR stories.
Use the videos. Visit <a href="http://GoRecycleYourself.com">GoRecycleYourself.com</a>
Be honest – if you don’t know the answer to a question, say so!
Be flexible. Expect daily announcements, interruptions, tech delays... but trust that it always works out!

## Tips for Telling Your Donation Story

### Remember the purpose

- Remember that any detail you share should be aimed at educating and motivating the listener to register as an organ, eye, and tissue donor and save lives.
- Never attempt to pressure or “guilt” someone into registering.

### Keep it simple

- Donation and transplantation, because of its many procedures and medical terms, is complex. Though sharing every detail may feel natural, it can be overwhelming to others, and they may miss the message of the importance of registering as a donor.

### Less is more

- Every specific date is not necessary. You will never forget them, but for your listener, including all of them may detract from the power of your story.
- Mention the number of medicines you are taking and their overall effect on you, instead of the name of each medicine and its individual side effects.

### Stress the positives!

- Donation and transplantation can be bumpy roads. Be honest, yet appropriate. “Tell, don’t dwell!”
- The goal is to educate and motivate. Make your audience comfortable and keep their attention.
- Whether you are a grateful recipient, hopeful candidate, or family member, to inspire others to register as donors, focus on the positive feelings you and your loved ones have experienced.

### Use the correct terms

- Misusing terms can turn someone off or raise questions.
- Use recover, recovery, procurement, or donation surgery instead of *harvest*.
- Use artificial support or mechanical support instead of *life support*.

### Be yourself

- Use your natural approach in telling your story. Whether you insert humor, use an analogy, or shed tears your listeners know you, so go with what feels right.

## Speaking from Your Perspective

### If you are the family member or friend of a deceased donor:

- Describe the person who became an organ/tissue donor. Think of a favorite story you like to tell.
- What event occurred that brought you and your family to make a decision about organ and tissue donation?
- How was the decision made? Who was involved? Had it been discussed among the family before?
- What was donated? How many people did the donation help? Do you know anything about the recipients? Have you met any of them? If you know the recipient, how has it affected their life?
- How has being a donor family member/friend changed your life?
- What is your advice to people who are unsure if they want to register as a donor?
- What is the last thing you will say in your story to leave with a group?

### If you are a transplant recipient:

- What was life like for you and your family before your transplant?
- How did you come to need a transplant? What could you do and not do? How long did you wait, and what was your prognosis without a transplant?
- What was it like to receive the call saying that an organ was available? That the tissue which would restore your sight or mobility was available thanks to an anonymous tissue donor?
- What can you do now that you couldn't do before and what changes has it made in your family, work, or school?
- What is your outlook on life today?
- What is your advice to people who are unsure if they want to register as a donor?

**If you are a living kidney donor (directed donation):**

- Describe your recipient and your relationship with them.
- Give a brief description in layman's terms of what caused their need for a transplant.
- Reflect on their illnesses and what restrictions/challenges they faced. What was life like for them? What did they miss the most from their healthier life?
- What was involved in making your decision to be their donor?
- Describe the transplantation process. What were your emotions the day before, the day of, and the day after the transplant? What were the emotions of your recipient the day before, the day of, and the day after the transplant?
- What does it mean to you to have been able to donate an organ to your recipient?
- What is your advice to people who are unsure if they want to register as a donor?

**If you are an altruistic living kidney donor:**

- What was involved in making your decision to be a living kidney donor?
- What was the reaction of your family and friends?
- Describe the transplantation process. What were your emotions the day before, the day of, and the day after the transplant? What were the emotions of your recipient the day before, the day of, and the day after the transplant?
- How has the transplant changed your life? Compare your life before and after the transplant.
- What does it mean to you to have been able to save someone's life anonymously through donation?

**If you are a patient awaiting a transplant:**

- Tell about your life before you became ill—what did you enjoy?
- When were you told you needed a transplant? What was your reaction?
- What changes has your illness caused with family, work, school, doing what you enjoy?
- How long have you been waiting? What is your prognosis without a transplant?

## Tips for Engaging Presentations

### Rehearse.

Talk through the presentation to see how much time it takes, and consider how long the classroom presentation itself will *actually last* (usually the first and last ten minutes are spent on attendance, announcements, etc.).

Plan ahead as to how you will integrate your own story. Are there logical points within the presentation where you can pause and share an anecdote, personal experience, or photo(s)?

If you allow questions during your talk, the presentation time will be about 25% more than the practice time.

### Make it easy for your audience to like you.

As soon as you open your mouth, your audience is evaluating you. *They are judging your ability to keep them engaged.* Even though they may have different agendas, the majority of students in your audience *want* to like you. They want you to be interesting as well as informative. They're rooting for you!

Be personable: keep your eyes on the audience. Don't turn your back to them or hide behind the lectern!

### Keep your energy level up.

Be animated. Make big verbal gestures, statements, or rhetorical questions from time to time. Being a little funny or dramatic will help people remember what you're telling them.

If your voice needs a break or you need water, take advantage of the hyperlinked YouTube videos! Be sure to arrive early to load the videos from YouTube and test them on the speakers, so they will play when you need them.

### Don't just read the slides.

Your audience can read them far faster than you can talk. Treat them as visual references for your audience which *complement* the presentation you are giving, guided (loosely or closely, depending on your comfort level) by the script.

### Modulate your voice.

If it doesn't come naturally, learn to modulate your voice and practice. Tape yourself giving a mock presentation or have someone listen as you practice your presentation. Speak clearly and distinctly while projecting your voice. Multiple "umms" and "aaah's" can give the impression that you are nervous.

### Engage your audience.

Engage your audience by asking them if they know someone with a connection to donation or transplantation, and invite them to share if they do. Be creative so you aren't just woodenly talking AT them. If your students aren't in "speaking" mode (especially in the AM classes), then rhetorical questions work too. But stop short of standup comedy.

Another way to engage your audience is to get them up and moving (if that's something you feel comfortable with). It could be as simple as having students give you a thumbs up or thumbs down, or having them stand up or sit down to indicate true/false, myth/fact, yes/no, agree/disagree. You could even designate a corner of the room as true/ false, myth/fact, etc. and have students physically move to that space. Engaging students physically can sometimes encourage them to engage more verbally. You can always ask the classroom teacher if they have any tips for engagement.

You could also reward students that do participate with a GRY sticker or other GRY swag.

### Pause for emphasis.

Nothing's worse than a presentation where the speaker drones on and on from point to point, slide to slide, without pause. Pause is the most dramatic way to emphasize a point. It also gives the audience a chance to digest information.

Adapted from

Tobak, S. *How to Give a Killer Online Presentation*, CBSnews.com;2009.

Wedmann, L. *Glossophia: Conquer your fear of giving a PowerPoint Presentation*. Business2community.com, 2013.

## Shorten or Lengthen Your Presentation!

### "Help! I only have 30 – 45 minutes!"

- Be prepared to present a **five-minute version** of your personal story.
- Engage students strategically:
  - Have them participate by guessing statistics, answering simple yes/no questions as a group, etc.
  - Ask students to write down their questions on the back of the evaluation form *while you present*. If there is time, you will try to answer questions at the end.



- If you run out of time, suggest they visit [GoRecycleYourself.com](http://GoRecycleYourself.com) or check the Donate Life Northwest FAQ page (online).

### “Help! I have 60 minutes to fill!”

- Engage students to actively participate through dialogue and questions.
  - Ask them to share stories about their own knowledge of / connections to donation.
  - Poll them frequently – how many of you have heard of ...? How many of you have a D on your driver’s license? Etc.
  - Ask open-ended questions – why do you think it’s so important to talk to your family? Have you ever seen a story about organ donation on TV or on film – was it negative or positive? Etc.
- Weave your personal/professional story throughout the presentation, or save a full 15 minutes to share your experience. Add personal photo slides to the PowerPoint, or bring props that students can pass around the class.

### “Help! I have 90 minutes to fill!”

- Show videos!
- Engage students to actively participate through dialogue and questions.
  - Ask them to share stories about their own knowledge of/connections to donation.
  - Poll them frequently – how many of you have heard of ...? How many of you have a D on your driver’s license? Etc.
  - Ask open-ended questions – why do you think it’s so important to talk to your family? Have you ever seen a story about organ donation on TV or on film – was it negative or positive? Etc.
- Weave your personal/professional story throughout the presentation, or save a full 15 minutes to share your experience. Add personal photo slides to the PowerPoint, or bring props that students can pass around the class.
- Take students on a tour of [www.GoRecycleYourself.com](http://www.GoRecycleYourself.com)
- Talk about DONOR DRIVES. Let students know that they can very easily organize one on campus – Donate Life Northwest will help them for free, and you have flyers for any interested students!
- Check out the *Recycle Yourself* curriculum and incorporate an in-class activity. The Crossword Puzzle is especially easy to implement—just make sure you answer all the questions in your presentation.

## Frequently Asked Questions

### Volunteer Educator Training FAQs

#### **I’ve attended 301. Am I automatically a Donate Life Educator?**

Staff must have evidence of a background check before they can go into schools. We also ask that our educators observe at least 3 presentations, given by either an experienced volunteer or staffer, prior to solo speaking. You can contact Donate Life Northwest staff to find presentations that you can observe.

#### **For how long am I a Donate Life Educator?**

Because our presentation and messaging evolves and changes, we need Donate Life Educators to update their 301 training at least once every 12 months.

It is okay to “fall silent” if you are just too busy to volunteer. But if we do not hear from you after the 301 training for the rest of the school year, we will remove you from our roster. You can always rejoin by attending a 301.

### **How often will I be asked/expected to speak in schools?**

You may receive many emails about upcoming presentation opportunities. Committing to at least one or two per month will keep your skills sharp.

### **How far will I be asked to travel?**

Only as far as you are willing to drive. However, being willing and able to drive a considerable distance of course extends our ability to reach new schools. Donate Life Northwest offers a [Volunteer Extended Travel Stipend & Meal Reimbursement](#) for presentation travel over 2 hours. Please refer to the link and direct any questions to Sara Lewis, Operations Director: [lewissa@ohsu.edu](mailto:lewissa@ohsu.edu)

## **School Program FAQs**

### **What is Go Recycle Yourself?**

This is a Donate Life America initiative and our online campaign to reach and register youth beyond the classroom. We brand almost everything in the classroom with GRY because it is much catchier and easier to remember than “Donate Life Northwest.” If you have the extra time, we encourage you to visit the site during your presentation!

- Emphasize GRY as the website students can go to with any questions after the presentation. The brochures and stickers provide the address.
- GRY is now also on Instagram!
- Emphasize GRY to the teachers, too! It has a “For Educators” section where they will be able to download our FREE curriculum, access videos, and request a Donate Life Northwest presentation.

### **How do teachers arrange presentations?**

There are three ways for teachers to request a presentation. Donate Life staff takes it from there!

- **Preferred method:** Online form: [www.donatelifenw.org/speaker-request](http://www.donatelifenw.org/speaker-request)
- Call 503-494-7888 – ask for Donate Life Northwest Education Coordinator
- Email [education@donatelifenw.org](mailto:education@donatelifenw.org)

### **How long is a presentation?**

High school classes are typically either 45, 60, or 90 minutes long in **total**.

Unless the teacher tells you differently when you arrive, you will likely be expected to present for the majority of class time. We have many tools and resources to help you prepare your presentation!

Some teachers request 1-3 presentations; others request that we present for the entire school day (roughly 7:30 am – 3:00 pm). If you see a full-day opportunity that interests you, but can volunteer for only half of the day (either all morning or all afternoon), let staff know. We prefer to coordinate two speakers than cancel!

### **When does Donate Life Northwest need speakers?**

We are busy speaking in schools from September through June.

**Should I bring my laptop?**

Schools typically do NOT offer the Wi-Fi or access you would need. Besides, nearly all teachers have a web-connected computer or laptop and projector, with speakers, set up in their classroom for you to use. Instead, plan to pre-load the presentation you will need onto a USB drive, or download or view it directly from our website.

**What if I have to cancel?**

Call Donate Life Northwest staff immediately, with *as much advance* notice as possible. We make every attempt not to cancel a presentation and leave the teacher hanging.

**I think we should be presenting at High School X. Should I go promote presentations to that school myself?**

See “Other Ways to Help.” Please ask Donate Life Staff if you have questions about this.

**I’d prefer to use my own PowerPoint.**

If you are not comfortable using the Donate Life Northwest PowerPoint in schools, you should talk to our Volunteer Engagement Coordinator about speaking opportunities with adult audiences! Community speaking engagements are more “personal story” based, whereas in the schools our priority must be to educate students about the facts of organ, eye, tissue, and living kidney donation.

**Further Questions or Concerns**

**Contact: Sandy Jewell, Education Coordinator**

**[jewells@ohsu.edu](mailto:jewells@ohsu.edu)**

**503-494-2257**