

High School

Grade Level Skill Focus	<ul style="list-style-type: none">→ Students analyze the influence of family, peers, culture, social media, technology, and other determinants on health behaviors. <i>(Skill 2)</i>→ Students demonstrate health literacy by accessing valid and reliable health information, products, and services to enhance health. <i>(Skill 3)</i>→ Students demonstrate effective interpersonal communication skills to enhance health. <i>(Skill 4)</i>→ Students demonstrate effective decision-making skills to enhance health. <i>(Skill 5)</i>→ Students demonstrate effective goal-setting skills to enhance health. <i>(Skill 6)</i>→ Students demonstrate observable health and safety practices. <i>(Skill 7)</i>→ Students advocate for behaviors that support personal, family, peer, school, and community health. <i>(Skill 8)</i>
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Wellness and Health Promotion (WHP)

HS.WHP.1	Identify and describe personal activities and behaviors within the five dimensions of health (physical, social, emotional, mental, and environmental) and how they affect health-related behaviors and impact holistic well-being.
HS.WHP.2	Discuss personal and family values and behaviors that impact individual, interpersonal, and community health.
HS.WHP.3	Analyze health promotion and disease prevention guidelines and recommendations, including those for infectious diseases, from credible federal, professional, and voluntary health organizations.
HS.WHP.4	Identify individual practices that protect vision, hearing, skin, and teeth.
HS.WHP.5	Identify at least two strategies to promote health and wellness for individuals, families, and communities.
HS.WHP.6	Identify and discuss the life-saving benefits of organ and tissue donation, and analyze how personal, familial, media, and cultural factors influence decisions about donation.
HS.WHP.7	Demonstrate how to access medically accurate, comprehensive, and inclusive health-related resources online and in the community or at school.
HS.WHP.8	Analyze how public health policies and government regulations can influence health promotion and disease prevention.
HS.WHP.9	Analyze how the history of health and social policy impacts individual and community health status.
HS.WHP.10	Discuss the intersections between built environment, green spaces, climate change, and the five dimensions of health.
HS.WHP.11	Advocate for everyone, regardless of physical ability or location, to have access to nutritious food, clean water, clean air, and accessible places.