

## LIVING KIDNEY MENTORSHIP PROGRAM

### HOW CAN I POSSIBLY ASK SOMEONE FOR ONE OF THEIR KIDNEYS?

The idea of searching for a living kidney donor and making the "big ask" can be intimidating. However, many living kidney donors share that they were never actually asked to donate. They simply heard their recipient's story and felt compelled to act. Learning to confidently share your story is the most essential element to finding a living donor. Erase the Wait can help!

### WHAT IS ERASE THE WAIT?



An interactive training facilitated by community health educators



A training in patient self-advocacy and outreach tools



An opportunity to gain a mentor who is a living kidney recipient or a living kidney donor



A chance to connect with fellow kidney patients and their care partners in a supportive environment

### AT ERASE THE WAIT YOU WILL...



LEARN about living kidney donation



GAIN KNOWLEDGE about outreach options



EXPAND willingness to share your story



BUILD a strong support system

### WHAT ARE PATIENTS SAYING?

"The training is a game changer in finding a living donor."

"ETW helps you to not feel so alone in this challenge. You are not alone."

"ETW promotes the creativity and self-advocacy needed to reach out to potential donors."

"After the ETW trainings I feel empowered and hopeful. I now have tools & support."

Erase the Wait is a free three-part training series facilitated by Donate Life Northwest. Training sessions are held multiple times each year. To learn more:

[WWW.DONATELIFENW.ORG/ERASETHEWAIT](http://WWW.DONATELIFENW.ORG/ERASETHEWAIT)

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