

## LIVING KIDNEY MENTORSHIP PROGRAM

### HOW CAN I POSSIBLY ASK SOMEONE FOR ONE OF THEIR KIDNEYS?

The idea of searching for a living kidney donor and making the "big ask" can be intimidating. However, many living kidney donors share that they were *never actually asked* to donate. They simply heard their recipient's story and felt compelled to act. Learning to confidently share your story is the most essential element to finding a living donor. Erase the Wait can help!

### WHAT IS ERASE THE WAIT?



An interactive training facilitated by community health educators



A training in patient self-advocacy and outreach tools



An opportunity to gain a mentor who is a living kidney recipient or a living kidney donor



Networking with fellow kidney patients and their support people

### AT ERASE THE WAIT YOU WILL...



LEARN about living kidney donation



GAIN KNOWLEDGE about outreach options



EXPAND willingness to share your story



BUILD a strong support system

### WHAT ARE PATIENTS SAYING?

"The training is a game changer in finding a living donor."

"ETW helps you to not feel so alone in this challenge. You are not alone."

"ETW promotes the creativity and self-advocacy needed to reach out to potential donors."

"After the ETW trainings I feel empowered and hopeful. I now have tools & support."

Erase the Wait is a free three-part training series facilitated by Donate Life Northwest. Training sessions are held multiple times each year. To learn more, visit:

[WWW.DONATELIFENW.ORG/ERASETHEWAIT](http://WWW.DONATELIFENW.ORG/ERASETHEWAIT)