

## **Hope**

**By Maureen Zebley**

My own never became mine, my heart cried for them  
It felt better to walk away  
My heart lightened when I turned away  
You'll learn to live without me, even though you'll never know I felt  
Being without you hurt, leaving hurt more  
I cried every day, but now the tears are all dried up  
I feel nothing the emptiness haunts me, But I feel less pain now  
That feeling of worry I slowly leaving, I'm learning to be free  
I'm smiling more now, I dance in happiness  
My heart finally beats, not for your love, but for my smiles  
I know I can do this; I'll pull through  
Solitude has become my friend now  
Alone, but happy, alone but satisfied  
My eyes finally see potential, Potential in my worth, potential in the person I am  
I'm learning to be happy with who I am  
I've come a long way, I'm happy  
I'll love again, carefully, but I will  
One day, someone will see the potential I see  
Someone who dreams, someone who smiles, who feels  
Makes it safe to be happy, giving me grace, frees my mind  
I'm learning, growing, allowing myself to feel  
I am no longer at war against myself. I am healed

